

BELFAST PARTICIPANTS SURVEY RESULTS SUMMARY

- Each participant in the 2009 Northern Ireland Health Development Policy Branch Downtown Radio Rock Challenge event in Belfast was asked to complete a questionnaire. These were anonymous and were completed during the day of the event **307** questionnaires were returned.
- **75%** said that they spent 3 or more months rehearsing their production outside of curriculum time whilst **75%** spent 1-3 hours rehearsing a week, some rehearsed for longer per week.
- **25%** of the respondents reported they smoked before becoming involved in the event, **78%** of those have stopped smoking or reduced the amount they smoke due to their involvement in the Rock Challenge.
- **22%** of the respondents reported they drank alcohol before becoming involved in the event **86%** have stopped or reduced their alcohol intake since becoming involved in the Rock Challenge.
- **6%** of the respondents reported they used drugs before involvement **90%** of those have stopped or reduced the amount they use as a result of participation in Rock Challenge.
- Of the respondents, **96%** felt their self-esteem had improved and **98%** felt the same of their teamwork skills.
- Of the respondents **32%** said they had played truant from school before. Of those **58%** have stopped playing truant due to their involvement in the Rock Challenge.
- **95%** of respondents reported they enjoy school more since becoming involved in the event.
- **99%** also reported they have better relationships with their teachers following their involvement.
- Of the respondents **96%** reported they have made new friends through the Rock Challenge.
- **99% of respondents described the initiative as excellent or good** when given the choice of excellent, good, average or poor.

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